

Dr. Wendy

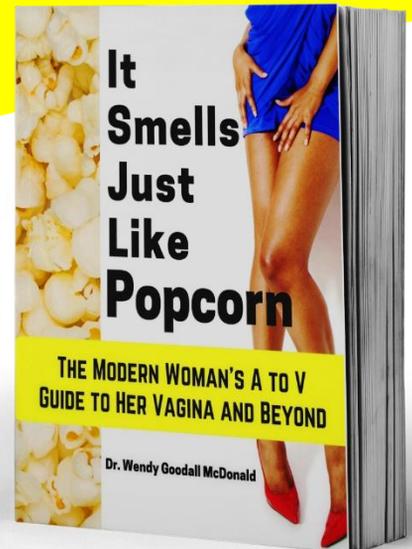
OB-GYN | AUTHOR | B/VLOGGER | RAPPER | PODCAST HOST

Dr. Wendy Goodall McDonald is the Ob-Gyn every woman should have on speed dial. Finding innovative and creative ways to educate women about their bodies is not only her vocation, it is her life's passion. The author of the newly released book, *It Smells Just Like Popcorn: The Modern Woman's A-V Guide to Her Vagina and Beyond* (\$15.99; Amazon.com), Dr. Wendy dedicates her guide to debunking medical myths, dispelling Google diagnoses and helping women know exactly how everything down there really works. She graduated from Xavier University of Louisiana and Northwestern University Feinberg School of Medicine, and completed her residency training in Obstetrics and Gynecology at Rush University Medical Center. She is board-certified in Obstetrics and Gynecology and has been in the profession since 2007. Dr. Wendy practices medicine at Women's Health Consulting in Chicago. Her special interests include minimally invasive surgery and adolescent health, and she promotes health tips on social media with parody videos. She wrote *My Body Is My Temple: A Powerful Nia Book about Loving Yourself* for young girls in 2017, and lives in Chicago with her husband, Dr. Ed McDonald, who is also a blogger, a chef, a DJ, and a music producer. Together they have three children.



About the Book

***It Smells Just Like Popcorn: The Modern Woman's A-V Guide to Her Vagina and Beyond* provides hilarious and factual answers to the pressing questions millennial and Gen-X women are afraid to ask, making it a must-read for all.** Culled from real-life discussions between her and her patients, the Chicago-based M.D. breaks down medical jargon with a conversational tone that feels like an intimate discussion between close friends. "What I have learned during my practice is that women have questions about every aspect of their bodies—and rightfully so. I wrote this book so that women of all ages could find pearls and gain trustworthy information about which aspects of the female body—from breast size to the aroma of discharge—are normal and what to do when they are not," she shares. "I provide answers from Anatomy to Zephyr, which has nothing to do with gynecology but will land you 23 points in Scrabble," she says laughing. "In this book you'll find anything you have ever wanted to know about the female body, including what not to put inside your vagina!"



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MEDIA APPEARANCES



MUSIC PARODIES

SZA-BLOOD GALORE

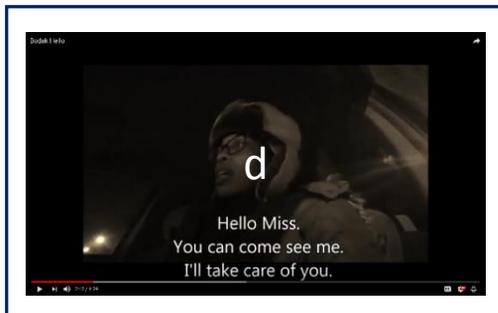
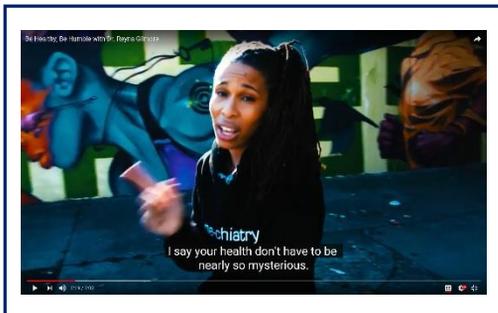
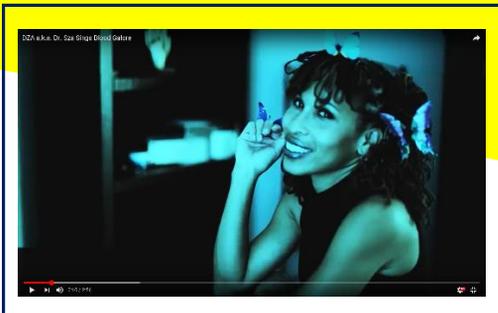
SZA's "Blood Galore" highlights signs, causes and treatments for heavy menstrual bleeding. Click [here](#) to watch.

BE HEALTHY

Dr. Wendy and Psychiatrist Dr. Reyna Gilmore turn Kendrick Lamar's "Be Humble" into an anthem promoting mental and physical health. Click [here](#) to watch.

BODAK HELLO

"Bodak Hello" introduces Dr. Wendy's mission in a cadence inspired by Cardi B. Click [here](#) to watch.



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